FUNDING RESOURCES

We ask for a suggested contribution (see back panel) to help support the services of the Resources Department.

The Resources Department at the Grand Forks Senior Center is funded by Mill Levy funds, United Way, grants, local contributions, donations, and memorials. Resources receives very little state funding and no federal funding.

The Greater Grand Forks Senior Citizens Association (legal name) is committed to the policy that all persons shall have equal access to its programs.
AA/EEO

NOTES:

OFFICE HOURS

The Grand Forks Senior Center office hours are Monday through Friday from 8:00 a.m. - 4:30 p.m.

701-772-7245

Grand Forks SENIOR CENTER
brighter side of sixty

Partnering with United Way
United Way of Grand Forks East Grand Forks & Area

Grand Forks Senior Center
620 4th Ave S
Grand Forks, ND 58201
General Phone: 701-772-7245
Fax: 701-772-0213
www.gfseniorcenter.org
www.facebook.com/gfseniors

Grand Forks SENIOR CENTER
brighter side of sixty

Resources

The Resources Team visits with Grand Forks County residents age 60 and over, assesses their needs and goals, provides information about available services, and assists with referrals and applications.

Providing opportunities for older adults to live to their full potential.

GFSC Resource Coordinators:

- Help customers identify personal needs, goals, values, and preferences
- Provide education, information, and decision support in choosing and accessing services
- Encourage planning for long-term support and services
- Network with other service providers in the community
- Respect our customers' right to privacy and confidentiality

The Grand Forks Senior Center offers the following services and programs:

Nutritional

- Meals on Wheels (Home Delivered Meals)
- Ensure Nutritional Supplements
- Senior Dining, Frozen Meals, and Meals & More

Transportation

- Transportation Fare Assistance - Qualified individuals over 62 can purchase Senior Rider tickets at half price.

Rural Services

Resource Coordinators visit individuals in rural Grand Forks County and provide:

- Frozen Meals
- Information on Additional Services

Durable Medical Equipment

- Equipment Loan - Try before you buy (short-term loan of equipment such as walkers, rollators, wheelchairs, shower stools, toilet risers, bed rails, safety bars, etc).
- Equipment Access and Purchase Information

Senior Health Insurance Counseling (SHIC)

The SHIC Counselor provides information and education for individuals regarding:

- Medicare Part D (prescription drug plans)
- Medicare Part B (supplemental policies for health insurance)
- Medicare Savings Program
- Low Income Subsidy/QMB/SLMB

The Resources Team can provide information about and assistance in applying for the following community services and programs:

In Home & Community Services

- Commodities/Food Cupboards
- Fuel Assistance (LIHEAP)
- Housekeeping & Personal Care
- Housing Options & Assistance
- Medical Assistance (Medicaid)
- Property Tax Credit & Rent Rebate
- Senior Rider & Dial-a-Ride
- SNAP – EBT (Food Stamps)
- Vulnerable Adult Services

Health & Medical Services

- Advance Directives
- Emergency Response Systems
- Dental, Vision & Hearing Services
- Home Health & Hospice
- Medication Management

Support Services

- Advocacy & Consumer Protection
- Basic Care, Assisted Living & Nursing Home
- Caregiver Support (Dementia, Respite, Special Support Groups)
- Veterans Administration Services

Other

- Financial Service Referrals
- Legal Service Referrals
- Volunteer & Social Opportunities