

If you would like to contribute using a SNAP (Supplemental Nutrition Assistance Program - food stamps) EBT card, you can either fill out the form provided with your monthly statement or call Home Delivered Meals at 780-5169 to make arrangements. If you would like to contribute using a credit card, call the Grand Forks Senior Center at 772-7245.

Some people may qualify for suggested-donation payment.

FUNDING

The Home Delivered Meals program, run through the Grand Forks Senior Center, is funded by Altru Alliance, Title III Older Americans Act, Mill Levy funds, grants, local contributions, donations, and memorials. All money collected goes back into the program to pay for more meals.



The Greater Grand Forks Senior Citizens Association (legal name) is committed to the policy that all persons shall have equal access to its programs.
AA/EEO

Home Delivered Meals

701-780-5169



Home Delivered Meals
(located in Altru Hospital)
1200 S Columbia Rd
Grand Forks, ND 58201
Phone: 701-780-5169

www.gfseniorcenter.org/homedeliveredmeals
www.facebook.com/gfseniors



Home

Delivered

Meals

The Home Delivered Meals program provides nutritious meals for those who are unable to prepare their own meals.



Providing opportunities for older adults to live to their full potential.

The Home Delivered Meals program provides hot, nutritious meals in Grand Forks and East Grand Forks city limits to people who are homebound or others who are unable to prepare their own meals due to a disability, illness, or surgery.

This program allows individuals to remain in their homes receiving proper nutrition and regular visits. If no one is home for meal delivery and arrangements have not been made, the Emergency Contact will be notified.

QUESTIONS & ANSWERS

Q. What time can I expect my lunch to arrive and what do I do if it's late?

A. Meals are delivered each weekday by volunteer drivers between 11:30 am and 12:30 pm. If your meal is not delivered by 1:00 pm, please call 780-5169.

Q. What if I have an appointment and I won't be home for delivery?

SPECIAL NOTES

Meal cancellations should be called in to the Home Delivered Meals coordinator at **780-5169** the day before OR by 10 am the day of delivery.

Any and all messages should be called in to the coordinator, not given to the volunteers.

A. If you are gone for a doctor's appointment but will be back soon, you may put out a cooler with ice in it outside your door. The volunteers cannot leave a meal unless there are ice packs or ice in the cooler. You can also make arrangements to have the meal delivered to a neighbor or placed in your fridge. Please let us know of any special arrangements by calling 780-5169.

Q. What if I am going to be gone a few days or if I am admitted to the hospital?

A. If you plan to be gone or if you are in the hospital, call (or have someone else call) the Home Delivered Meals coordinator.

Q. Will I be counted for a meal if I am not home for it?

A. If you call in advance and cancel your meal, the meal is not counted; however, if you do NOT call and we attempt to deliver a meal, that meal is counted.

Q. Can my caregiver get a meal?

A. All caregivers who live with the client are able to receive meals.

Q. Will I have the same volunteer each day and can they sit and visit?

A. Because our drivers are volunteers, they vary from day to day. Our volunteers have many hot meals to deliver, so they will need to move along to the next home.

Q. Do you offer special diet meals?

A. Yes. We purchase our meals from Altru Hospital food service, so whatever special diets they offer, we can provide.

Q. Will I get a meal if the weather is bad or on holidays?

A. We make every attempt to deliver meals. If it is extremely hazardous outside, cancellation announcements will be on the Home Delivered Meals phone message (780-5169), grandforksherald.com, and WDAZ.com. It is your responsibility to keep walkways and stairs free of snow and ice.

Notices are sent regarding holiday closures. Please keep shelf stable food on hand.

Q. Can I have frozen meals delivered to my home?

A. Arrangements can be made for frozen meal delivery in addition to or in place of a daily, hot meal.

Q. How do I pay for the meals?

A. The cost of your meal is dependent on your income. A fee guideline is used to determine each customer's meal cost. A printed statement will be sent each month. You may send payment in the self-addressed envelope provided. Checks can be made payable to the Grand Forks Senior Center (GFSC).