



Grand Forks Senior Center  
620 4th Avenue South  
Grand Forks, ND 58201  
(701) 772-7245; [www.gfseniorcenter.org](http://www.gfseniorcenter.org)

## Day Trip Policies & Procedures

The following are policies and procedures for **day trips** with the Grand Forks Senior Center (GFSC). We hope you have a GREAT trip!

### Who Can Attend?

- For individuals 55+. (Any guests must be at least 18 years of age.)
- Trip payment and current GFSC membership are **required to reserve** your seat on a trip. (Cash or Check preferred)
- A GFSC key tag is required. (You can get one at the GFSC Front Desk.)

### Cancellation Policy:

- If you need to cancel after you paid, we do our best to fill your spot and/or refund your money.
- If you have paid for a trip with your credit/debit card and we refund your trip, you will be charged a 3.5% credit card fee by the GFSC.
- If you cancel after the trip deadline or miss the bus, no refunds will be offered. This is because we may be required to pre-pay for events, busses and/or meals.

### Physical Expectations:

- You must be able to take care of yourself or bring (and pay for) a caregiver.
- You should be able to walk two blocks.
- You should be able to go up and down the bus steps without assistance.
- There are **no accommodations available for electric scooters**.
- Walkers and wheelchairs will be stored under the bus and are only available once you are off the bus.
- Some trips will specify if more walking is required. Normally day trips to musicals require minimal walking, however, we cannot foresee how far you have to walk once inside the building or from the bus drop off area.
- If walking is a concern, please check with the GFSC Activities Department before booking your trip.

### **Host Expectations:**

- There will be a GFSC trip host/hostess on the day trips.
- Most of our trip hosts are volunteers. If a staff person is the host, they may be on vacation while hosting the trip.
- The main requirement of the host is to keep the trip on track, time-wise. They will make sure everyone is back on the bus before moving on.
- They will **not** load/deliver luggage/baggage, give medicine reminders, keep you entertained during the ride etc... Please bring things to do as you travel to and from your destination.
- If you have issues while on the trip, please contact the trip host first.

### **Gratuities:**

- Tips are expected and appreciated for Bus Drivers and Trip Hosts. Bus drivers earn a large part of their income from tips. The general standards for tips for drivers and hosts are \$4-\$6 per day per person.
- You are free to tip as you see fit for any meals provided throughout the trip. Generally, \$1-2 per person left at your table for a casino buffet is appreciated by the restaurant staff. Sit down meals should be tipped 15-20% of the check depending on your service.

### **Misc:**

- Photos may be taken throughout the trip and could potentially be posted on the GFSC Facebook page or in our newsletter. You will not be identified by name unless we get a media release from you.
- It is recommended to bring a water bottle and snacks with you for the bus ride. Due to traffic or other unforeseen delays, meals may not always be on time.
- Remember to dress in layers. We cannot control the temperatures in venues and the weather.